

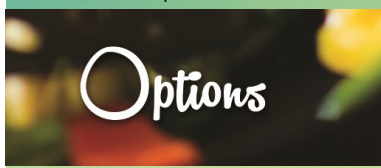
DuBois Central Catholic School May 2021 Lunch Menu



Head Cook: Louise Vasbinder
814.372.3885



Daily Variety Options May Include:
Baby Carrots, Broccoli,
Cauliflower, Green Peas, Legume
Salad, Dark Green Salad, Celery,
Cucumbers, Fresh Apples, Bananas,
Oranges, Grapes, Pears, and Ap-
plesauce



Daily Variety Options May Include:

Peanut Butter & Jelly Sandwich
Ham & Cheese Sandwich, Bologna &
Cheese Sandwich, Breaded
Chicken Salad



Monday	Tuesday	Wednesday	Thursday	Friday
3 Meatball Hoagie Or Chicken Nuggets w/ Sliced Bread Seasoned Corn Fat Free Milk Choice	4 Popcorn Chicken Bowl w/ Sliced Bread Or Cheeseburg- er On Bun Mashed Potatoes w/ Gravy Fat Free Milk Choice	5 Grilled Chicken Bacon Ranch Wrap Or Corn Dog Nuggets Steamed Peas Fat Free Milk Choice	6 BBQ Pulled Pork Nachos Or Crispy Chicken Sandwich Mixed Veggies Fat Free Milk Choice	7 Grilled Cheese Or Cheese Pizza Steamed Carrots Fat Free Milk Choice
10 BBQ Rib Hoagie Or Chicken Nuggets w/ Sliced Bread Baked Beans Fat Free Milk Choice	11 Chicken Gravy over Biscuit Or Cheeseburger On a Bun Mashed Potatoes Fat Free Milk Choice	12 French Toast Sticks w/ Sau- sage Or Corn Dog Nuggets Oven Baked Tater Tots Fat Free Milk Choice	13 Grilled Ham & Cheese Or Crispy Chicken Sandwich Steamed Sweet Peas Fat Free Milk Choice	14 Macaroni & Cheese w/ Sliced Bread Or Cheese Pizza Steamed Corn Fat Free Milk Choice
17 Italian Dunkers w/ Dipping Sauce Or Chicken Nuggets w/ Sliced Bread Mixed Veggies Fat Free Milk Choice	18 General Tso Chicken Bowl w/ Sliced Bread Or Cheeseburg- er On Bun Steamed Broccoli Fat Free Milk Choice	19 Chicken Alfredo w/ Sliced Bread Or Corn Dog Nuggets Steamed Corn Fat Free Milk Choice	20 BBQ Pulled Pork Sand- wich Or Crispy Chicken Sandwich Steamed Peas Fat Free Milk Choice	21 Grilled Cheese Or Cheese Pizza Steamed Carrots Fat Free Milk Choice
24 Cook's Choice	25 Cook's Choice	26 Cook's Choice	27 Summer Vacation	28 Summer Vacation
31 Summer Vacation				



***Must take at least one 1/2 cup of fruit
or vegetable**

*Vegetable may includes:

- Broccoli Florets
- Baby Carrots
- Dark Leafy Greens
- Legume Salads
- Celery & Cucumber

*Fruits may include:

- Crisp Apple
- Sliced Peaches
- Mixed Fruit
- Fresh Orange
- Banana
- Pineapple Tidbits
- Diced Pears
- Applesauce



Milk Choices Offered Daily:
non-fat white, non-fat flavored

ALL STUDENTS EAT FOR FREE!!!

The USDA is an equal opportunity
provider and employer.

MENUS SUBJECT TO CHANGE