

# DuBois Central Catholic School Lunch Menu



Head Cook: Louise Vasbinder  
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Daily Variety Options May Include:  
Baby Carrots, Broccoli,  
Cauliflower, Green Peas, Legume  
Salad, Dark Green Salad, Celery,  
Cucumbers, Fresh Apples, Bananas,  
Oranges, Grapes, Kiwi, Cantaloupe,  
Watermelon, Pears, and Applesauce



Daily Variety Options May Include:  
  
Peanut Butter & Jelly Sandwich  
Ham & Cheese On Pretzel Bun,  
Bologna & Cheese Sandwich,  
Breaded Chicken Salad



Monday	Tuesday	Wednesday	Thursday	Friday
April 29 Italian Dunkers W/Dipping Sauce Or Popcorn Chicken W/Dinner Roll Sweet Peas Mixed Fruit Fat Free Milk Choice	April 30 Beef Nachos W/Cheddar Cheese Or Cheeseburger On Bun Green Beans Pineapple Fat Free Milk Choice	May 1 Popcorn Chicken Bowl W/Pretzel Or Corn Dog Nuggets Mashed Potatoes Mandarin Oranges Fat Free Milk Choice	May 2 Meatball Hoagie W/Cheese Or Crispy Chicken Sandwich Potato Wedges Mixed Fruit Fat Free Milk Choice	May 3 Cheese Pizza Or Tuna Melt On Pretzel Bun Steamed Carrots Fresh Orange Fat Free Milk Choice
May 6 Italian Dunkers W/Dipping Sauce Or Chicken Nuggets W/Dinner Roll Mixed Vegetables Sliced Peaches Fat Free Milk Choice	May 7 Oven Roasted Chicken W/Dinner Rolls Or Cheeseburger On Bun Tater Tots Sliced Peaches Fat Free Milk Choice	May 8 Buffalo Chicken Pizza Or Corn Dog Nuggets Sweet Peas Fresh Apple Fat Free Milk Choice	May 9 Spaghetti & Meat Sauce W/Garlic Toast Or Crispy Chicken Sandwich Green Beans Mandarin Oranges Fat Free Milk Choice	May 10 Cheese Pizza Or Grilled Cheese Sandwich W/Tomato Soup Steamed Broccoli Fresh Orange Fat Free Milk Choice
May 13 Pulled Pork Sandwich Or Chicken Nuggets W/Dinner Roll Steamed Carrots Mandarin Oranges Fat Free Milk Choice	May 14 Beef Nachos W/Cheddar Cheese Or Cheeseburger On Bun Mixed Vegetables Mandarin Oranges Fat Free Milk Choice	May 15 BBQ Rib Hoagie Or Corn Dog Nuggets Shoe String Fries Mixed Fruit Fat Free Milk Choice	May 16 Salisbury Steak W/2 Dinner Rolls Or Crispy Chicken Sandwich Mashed Potatoes Fresh Apple Fat Free Milk Choice	May 17 Cheese Pizza Or Mac & Cheese W/Pretzel Sweet Corn Fresh Apple Fat Free Milk Choice
May 20 Italian Dunkers W/Dipping Sauce Or Chicken Nuggets W/Dinner Roll Mixed Vegetables Sliced Peaches Fat Free Milk Choice	May 21 French Toast Sticks W/2 Sausage Patties Or Cheeseburger On Bun Potato Smiles Pineapple Fat Free Milk Choice	May 22 BBQ Chicken W/Dinner Rolls Or Corn Dog Nuggets Baked Beans Pears Fat Free Milk Choice	May 23 Soft Beef Taco W/Seasoned Riced Or Crispy Chicken Sandwich Green Beans Mandarin Oranges Fat Free Milk Choice	May 24 Cheese Pizza Or Grilled Cheese Sandwich W/Tomato Soup Steamed Broccoli Fresh Orange Fat Free Milk Choice
May 27 <b>NO SCHOOL</b>  <b>MEMORIAL DAY</b>	May 28 Pulled Pork Sandwich Or Chicken Nuggets W/Dinner Roll Steamed Carrots Mandarin Oranges Fat Free Milk Choice	May 29 Beef Nachos W/Cheddar Cheese Or Cheeseburger On Bun Green Beans Pineapple Fat Free Milk Choice	May 30 Meatball Hoagie W/Cheese Or Crispy Chicken Sandwich Potato Wedges Mixed Fruit Fat Free Milk Choice	May 31 Cheese Pizza Or Tuna Melt On Pretzel Bun Steamed Carrots Fresh Orange Fat Free Milk Choice
June 3 <b>COOK'S CHOICE</b>	June 4 <b>COOK'S CHOICE</b>			



**\*Must take at least one 1/2 cup of fruit or vegetable**

\*Vegetable may includes:

- Broccoli Florets
- Baby Carrots
- Dark Leafy Greens
- Legume Salads
- Celery & Cucumber

**\*Fruits may include:**

- Crisp Apple
- Sliced Peaches
- Mixed Fruit
- Fresh Orange
- Banana
- Pineapple Tidbits
- Diced Pears
- Applesauce



**Milk Choices Offered Daily:**  
non-fat white, non-fat flavored

**Breakfast Prices**  
Paid \$1.00  
Reduced \$3.00

**Lunch Prices:**  
Paid \$2.70  
Reduced \$4.00

The USDA is an equal opportunity  
provider and employer.

**MENUS SUBJECT TO CHANGE**