

# DuBois Central Catholic School Lunch Menu



Head Cook: Louise Vasbinder  
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Daily Variety Options May Include:  
Baby Carrots, Broccoli,  
Cauliflower, Green Peas, Legume  
Salad, Dark Green Salad, Celery,  
Cucumbers, Fresh Apples, Bananas,  
Oranges, Grapes, Kiwi, Cantaloupe,  
Watermelon, Pears, and Applesauce



Daily Variety Options May Include:  
  
Peanut Butter & Jelly Sandwich  
Ham & Cheese On Pretzel Bun,  
Bologna & Cheese Sandwich,  
Breaded Chicken Salad



Monday	Tuesday	Wednesday	Thursday	Friday
April 1 Hot Ham & Cheese Sandwich Or Chicken Nuggets W/Dinner Roll Sweet Potato Fries Mixed Fruit Fat Free Milk Choice	April 2 Walking Taco W/Seasoned Rice Or Cheeseburger On Bun Refried Beans Pineapple Fat Free Milk Choice	April 3 Popcorn Chicken Bowl W/Pretzel Or Corn Dog Nuggets Steamed Broccoli Mandarin Oranges Fat Free Milk Choice	April 4 Meatball Hoagie W/Cheese Or Crispy Chicken Sandwich Potato Wedges Mixed Fruit Fat Free Milk Choice	April 5 Cheese Pizza Or Macaroni & Cheese W/Pretzel Baked Beans Fresh Orange Fat Free Milk Choice
April 8 Italian Dunkers W/Dipping Sauce Or Chicken Nuggets W/Dinner Roll Mashed Potatoes Sliced Peaches Fat Free Milk Choice	April 9 Oven Roasted Chicken W/Dinner Rolls Or Cheeseburger On Bun Tater Tots Sliced Peaches Fat Free Milk Choice	April 10 Buffalo Chicken Pizza Or Corn Dog Nuggets Sweet Peas Fresh Apple Fat Free Milk Choice	April 11 Spaghetti & Meat Sauce W/Garlic Toast Or Crispy Chicken Sandwich Green Beans Mandarin Oranges Fat Free Milk Choice	April 12 Cheese Pizza Or Grilled Cheese Sandwich W/ Tomato Soup Steamed Broccoli Fresh Orange Fat Free Milk Choice
April 15 Pulled Pork Sandwich Or Chicken Nuggets W/Dinner Roll Steamed Carrots Mandarin Oranges Fat Free Milk Choice	April 16 Beef Nachos W/Cheddar Cheese Or Cheeseburger On Bun Mixed Vegetables Mandarin Oranges Fat Free Milk Choice	April 17 BBQ Rib Hoagie Or Corn Dog Nuggets Shoe String Fries Mixed Fruit Fat Free Milk Choice	April 18 Salisbury Steak W/2 Dinner Rolls Or Crispy Chicken Sandwich Mashed Potatoes Fresh Apple Fat Free Milk Choice	April 19 <b>NO SCHOOL</b>  <b>EASTER BREAK</b>
April 22 <b>NO SCHOOL</b>  <b>EASTER BREAK</b>	April 23 French Toast Sticks W/2 Sausage Patties Or Cheeseburger On Bun Potato Smiles Pineapple Fat Free Milk Choice	April 24 BBQ Chicken W/Dinner Rolls Or Corn Dog Nuggets Baked Beans Pears Fat Free Milk Choice	April 25 Soft Beef Taco W/Seasoned Riced Or Crispy Chicken Sandwich Green Beans Mandarin Oranges Fat Free Milk Choice	April 26 Cheese Pizza Or Mac & Cheese W/Pretzel Sweet Corn Fresh Apple Fat Free Milk Choice
April 29 Italian Dunkers W/Dipping Sauce Or Popcorn Chicken W/Dinner Roll Sweet Peas Mixed Fruit Fat Free Milk Choice	April 30 Beef Nachos W/Cheddar Cheese Or Cheeseburger On Bun Green Beans Pineapple Fat Free Milk Choice			<b>LENT SPECIALS</b>  Fish Fillet Sandwich W/Cheese made available on Ash Wednesday and every Friday during Lent



**\*Must take at least one 1/2 cup of fruit or vegetable**

\*Vegetable may includes:

- Broccoli Florets
- Baby Carrots
- Dark Leafy Greens
- Legume Salads
- Celery & Cucumber

**\*Fruits may include:**

- Crisp Apple
- Sliced Peaches
- Mixed Fruit
- Fresh Orange
- Banana
- Pineapple Tidbits
- Diced Pears
- Applesauce



**Milk Choices Offered Daily:**  
non-fat white, non-fat flavored

**Breakfast Prices**  
Paid \$1.00  
Reduced \$.30

**Lunch Prices:**  
Paid \$2.70  
Reduced \$.40

The USDA is an equal opportunity provider and employer.

**MENUS SUBJECT TO CHANGE**