

# DuBois Central Catholic School Lunch Menu



Head Cook: Louise Vasbinder  
814.372.3885



Daily Variety Options May Include:  
Baby Carrots, Broccoli,  
Cauliflower, Green Peas, Legume  
Salad, Dark Green Salad, Celery,  
Cucumbers, Fresh Apples, Bananas,  
Oranges, Grapes, Kiwi, Cantaloupe,  
Watermelon, Pears, and Applesauce



Daily Variety Options May Include:  
  
Peanut Butter & Jelly Sandwich  
Ham & Cheese On Pretzel Bun,  
Bologna & Cheese Sandwich,  
Breaded Chicken Salad



Monday	Tuesday	Wednesday	Thursday	Friday
				Feb 1 Cheese Pizza Or Mac & Cheese W/Pretzel Mixed Vegetables Fresh Apple Fat Free Milk Choice
Feb 4 Pulled Pork Sandwich Or Popcorn Chicken W/Dinner Roll Baked Beans Mandarin Oranges Fat Free Milk Choice	Feb 5 French Toast Sticks W/2 Sausage Patties Or Cheeseburger On Bun Tater Tots Sliced Peaches Fat Free Milk Choice	Feb 6 Beef Nachos W/Cheddar Cheese Or Corn Dog Nuggets Fiesta Rice Mixed Vegetables Mixed Fruit Fat Free Milk Choice	Feb 7 Hamburger Gravy W/2 Bread Slices Or Crispy Chicken Sandwich Mashed Potatoes Fresh Apple Fat Free Milk Choice	Feb 8 Cheese Pizza Or Grilled Cheese Sandwich W/ Tomato Soup Steamed Broccoli Fresh Orange Fat Free Milk Choice
Feb 11 French Toast Sticks W/2 Sausage Patties Or Popcorn Chicken W/Dinner Roll Tater Tots Sliced Peaches Fat Free Milk Choice	Feb 12 Beef Nachos W/Cheddar Cheese Or Cheeseburger On Bun Sweet Buttered Corn Seasoned Rice Mandarin Oranges Fat Free Milk Choice	Feb 13 Buffalo Chicken Pizza Or Corn Dog Nuggets Sweet Peas Fresh Apple Fat Free Milk Choice	Feb 14 Meatball Hoagie Or Crispy Chicken Sandwich Baked Beans Mixed Fruit Fat Free Milk Choice	Feb 15 Cheese Pizza Or Baja Fish Tacos Steamed Broccoli Fresh Orange Fat Free Milk Choice
Feb 18 Italian Dunkers W/Dipping Sauce Or Chicken Nuggets W/Dinner Roll Sweet Potato Fries Mixed Fruit Fat Free Milk Choice	Feb 19 Walking Taco W/Seasoned Rice Or Cheeseburger On Bun Tossed Garden Salad Pineapple Fat Free Milk Choice	Feb 20 Popcorn Chicken Bowl W/Bread Slice Or Corn Dog Nuggets Mashed Potatoes Pears Fat Free Milk Choice	Feb 21 Spaghetti & Meatballs W/Garlic Toast Or Crispy Chicken Sandwich Sweet Buttered Corn Mandarin Oranges Fat Free Milk Choice	Feb 22 No School  Teachers In Service Day
Feb 25 Italian Dunkers W/Dipping Sauce Or Chicken Nuggets W/Dinner Roll Sweet Potato Fries Mixed Fruit Fat Free Milk Choice	Feb 26 Walking Taco W/Fiesta Rice Or Cheeseburger On Bun Tossed Garden Salad Pineapple Fat Free Milk Choice	Feb 27 Popcorn Chicken Bowl W/Bread Slice Or Corn Dog Nuggets Mashed Potatoes Pears Fat Free Milk Choice	Feb 28 BBQ Rib Sandwich Or Crispy Chicken Sandwich Sweet Buttered Corn Mandarin Oranges Fat Free Milk Choice	



**\*Must take at least one 1/2 cup of fruit or vegetable**

\*Vegetable may includes:

- Broccoli Florets
- Baby Carrots
- Dark Leafy Greens
- Legume Salads
- Celery & Cucumber

\*Fruits may include:

- Crisp Apple
- Sliced Peaches
- Mixed Fruit
- Fresh Orange
- Banana
- Pineapple Tidbits
- Diced Pears
- Applesauce



**Milk Choices Offered Daily:**  
non-fat white, non-fat flavored

**Breakfast Prices**  
Paid \$1.00  
Reduced \$.30

**Lunch Prices:**  
Paid \$2.70  
Reduced \$.40

The USDA is an equal opportunity  
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**MENUS SUBJECT TO CHANGE**