

DuBois Central Catholic School Lunch Menu



Head Cook: Louise Vasbinder
814.372.3885



	Monday	Tuesday	Wednesday	Thursday	Friday
			Jan 2 BBQ Rib Sandwich Or Corn Dog Nuggets Green Beans Mixed Fruit Fat Free Milk Choice	Jan 3 Hamburger Gravy W/2 Bread Slices Or Crispy Chicken Sandwich Mashed Potatoes Fresh Apple Fat Free Milk Choice	Jan 4 Cheese Pizza Or Grilled Cheese Sandwich W/Tomato Soup Steamed Broccoli Fresh Orange Fat Free Milk Choice
	Jan 7 Italian Dunkers W/Dipping Sauce Or Chicken Sticks W/Dinner Roll Steamed Carrots Mixed Fruit Fat Free Milk Choice	Jan 8 Walking Taco W/Seasoned Rice Or Cheeseburger On Bun Tossed Garden Salad Pineapple Fat Free Milk Choice	Jan 9 Popcorn Chicken Bowl W/Bread Slice Or Corn Dog Nuggets Mashed Potatoes Pears Fat Free Milk Choice	Jan 10 Spaghetti & Meatballs W/Garlic Toast Or Crispy Chicken Sandwich Sweet Buttered Corn Mandarin Oranges Fat Free Milk Choice	Jan 11 Cheese Pizza Or Mac & Cheese W/Pretzel Green Beans Fresh Apple Fat Free Milk Choice
	Jan 14 French Toast Sticks W/2 Sausage Patties Or Chicken Nuggets W/Dinner Roll Tater Tots Sliced Peaches Fat Free Milk Choice	Jan 15 Beef Nachos W/Cheddar Cheese Or Cheeseburger On Bun Sweet Buttered Corn Seasoned Rice Mandarin Oranges Fat Free Milk Choice	Jan 16 Chicken & Gravy Over Biscuits Or Corn Dog Nuggets Sweet Peas Fresh Apple Fat Free Milk Choice	Jan 17 Cheesesteak Hoagie Or Crispy Chicken Sandwich Baked Beans Mixed Fruit Fat Free Milk Choice	Jan 18 Cheese Pizza Or Baja Fish Tacos Steamed Broccoli Fresh Orange Fat Free Milk Choice
	Jan 21 Pulled Pork Sandwich Or Chicken Nuggets W/Dinner Roll Baked Beans Mandarin Oranges Fat Free Milk Choice	Jan 22 French Toast Sticks W/2 Sausage Patties Or Cheeseburger On Bun Tater Tots Sliced Peaches Fat Free Milk Choice	Jan 23 Beef Nachos W/Cheddar Cheese Or Corn Dog Nuggets Fiesta Rice Green Beans Mixed Fruit Fat Free Milk Choice	Jan 24 Hamburger Gravy W/2 Bread Slices Or Crispy Chicken Sandwich Mashed Potatoes Fresh Apple Fat Free Milk Choice	Jan 25 Cheese Pizza Or Grilled Cheese Sandwich W/Tomato Soup Steamed Broccoli Fresh Orange Fat Free Milk Choice
	Jan 28 Italian Dunkers W/Dipping Sauce Or Chicken Sticks W/Dinner Roll Steamed Carrots Mixed Fruit Fat Free Milk Choice	Jan 29 Walking Taco W/Fiesta Rice Or Cheeseburger On Bun Tossed Garden Salad Pineapple Fat Free Milk Choice	Jan 30 Popcorn Chicken Bowl W/Bread Slice Or Corn Dog Nuggets Mashed Potatoes Pears Fat Free Milk Choice	Jan 31 Spaghetti & Meatballs W/Garlic Toast Or Crispy Chicken Sandwich Sweet Buttered Corn Mandarin Oranges Fat Free Milk Choice	Feb 1 Cheese Pizza Or Mac & Cheese W/Pretzel Green Beans Fresh Apple Fat Free Milk Choice



Daily Variety Options May Include:
Baby Carrots, Broccoli,
Cauliflower, Green Peas, Legume
Salad, Dark Green Salad, Celery,
Cucumbers, Fresh Apples, Bananas,
Oranges, Grapes, Kiwi, Cantaloupe,
Watermelon, Pears, and Applesauce



Daily Variety Options May Include:

Peanut Butter & Jelly Sandwich
Ham & Cheese Sandwich, Bologna &
Cheese Sandwich, Breaded
Chicken Salad



***Must take at least one 1/2 cup of fruit or vegetable**

***Vegetable may includes:**

Broccoli Florets
Baby Carrots
Dark Leafy Greens
Legume Salads
Celery & Cucumber

***Fruits may include:**

Crisp Apple
Sliced Peaches
Mixed Fruit
Fresh Orange
Banana
Pineapple Tidbits
Diced Pears
Applesauce



Milk Choices Offered Daily:
non-fat white, non-fat flavored

Breakfast Prices
Paid \$1.00
Reduced \$0.30

Lunch Prices:
Paid \$2.70
Reduced \$0.40

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MENUS SUBJECT TO CHANGE