

# DuBois Central Catholic School Lunch Menu



Head Cook: Louise Vasbinder  
814.372.3885



	Monday	Tuesday	Wednesday	Thursday	Friday
				Nov. 1 Hamburger Gravy W/2 Bread Slices Or Crispy Chicken Sandwich Mashed Potatoes Pineapple Fat Free Milk Choice	Nov. 2 Cheese Pizza Or Fish Fillet Sandwich Tater Tots Pears Fat Free Milk Choice
Nov. 5 Pulled Pork Sandwich Or Chicken Nuggets W/Dinner Roll Baked Beans Mandarin Oranges Fat Free Milk Choice	Nov. 6 French Toast Sticks W/2 Sausage Patties Or Cheeseburger On Bun Seasoned Home Fries Sliced Peaches Fat Free Milk Choice	Nov. 7 Beef Nachos W/Cheddar Cheese Or Corn Dog Nuggets Fiesta Rice Green Beans Mixed Fruit Fat Free Milk Choice	Nov. 8 <b>THANKSGIVING LUNCH</b> Oven Roasted Turkey Stuffing & Dinner Roll W/ Gravy Or Crispy Chicken Sandwich Mashed Potatoes Fresh Apple Fat Free Milk Choice	Nov. 9 Cheese Pizza Or Grilled Cheese Sandwich W/ Tomato Soup Steamed Broccoli Fresh Orange Fat Free Milk Choice	
Nov. 12 <b>NO SCHOOL</b> <b>VETERANS DAY</b>	Nov. 13 Walking Taco W/Fiesta Rice Or Cheeseburger On Bun Tossed Garden Salad Pineapple Fat Free Milk Choice	Nov. 14 Popcorn Chicken Bowl W/Bread Slice Or Corn Dog Nuggets Mashed Potatoes Pears Fat Free Milk Choice	Nov. 15 Spaghetti & Meatballs W/Garlic Toast Or Crispy Chicken Sandwich Sweet Buttered Corn Mandarin Oranges Fat Free Milk Choice	Nov. 16 Cheese Pizza Or Mac & Cheese W/Pretzel Green Beans Fresh Apple Fat Free Milk Choice	
Nov. 19 Italian Dunkers W/Dipping Sauce Or Chicken Sticks W/Dinner Roll Steamed Carrots Mixed Fruit Fat Free Milk Choice	Nov. 20 French Toast Sticks W/2 Sausage Patties Or Cheeseburger On Bun Seasoned Home Fries Sliced Peaches Fat Free Milk Choice	Nov. 21 Fiestada Pizza Or Corn Dog Nuggets Steamed Carrots Fresh Orange Fat Free Milk Choice	Nov. 22 <b>NO SCHOOL</b> <b>THANKSGIVING VACATION</b>	Nov. 23 <b>NO SCHOOL</b> <b>THANKSGIVING VACATION</b>	
Nov. 26 <b>NO SCHOOL</b> <b>THANKSGIVING VACATION</b>	Nov. 27 BBQ Rib Sandwich Or Cheeseburger On Bun Sweet Buttered Corn Mandarin Oranges Fat Free Milk Choice	Nov. 28 Chicken & Gravy Over Biscuits Or Corn Dog Nuggets Sweet Peas Fresh Apple Fat Free Milk Choice	Nov. 29 Cheesesteak Hoagie Or Crispy Chicken Sandwich Baked Beans Mixed Fruit Fat Free Milk Choice	Nov. 30 Cheese Pizza Or Baja Fish Tacos Steamed Broccoli Fresh Orange Fat Free Milk Choice	

## The Garden

Daily Variety Options May Include:  
Baby Carrots, Broccoli,  
Cauliflower, Green Peas, Legume  
Salad, Dark Green Salad, Celery,  
Cucumbers, Fresh Apples, Bananas,  
Oranges, Grapes, Kiwi, Cantaloupe,  
Watermelon, Pears, and Applesauce

## Options

Daily Variety Options May Include:  
  
Peanut Butter & Jelly Sandwich  
Ham & Cheese Sandwich, Bologna &  
Cheese Sandwich, Breaded  
Chicken Salad

Proud to manage your  
food service program



**\*Must take at least one 1/2 cup of fruit or vegetable**

\*Vegetable may includes:

- Broccoli Florets
- Baby Carrots
- Dark Leafy Greens
- Legume Salads
- Celery & Cucumber

\*Fruits may include:

- Crisp Apple
- Sliced Peaches
- Mixed Fruit
- Fresh Orange
- Banana
- Pineapple Tidbits
- Diced Pears
- Applesauce



**Milk Choices Offered Daily:**  
non-fat white, non-fat flavored

**Breakfast Prices**  
Paid \$1.00  
Reduced \$0.30

**Lunch Prices:**  
Paid \$2.70  
Reduced \$0.40

The USDA is an equal opportunity  
provider and employer.

**MENUS SUBJECT TO CHANGE**