

DuBois Central Catholic School Lunch



Head Cook: Louise Vasbinder
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Daily Variety Options May Include:
Baby Carrots, Broccoli,
Cauliflower, Green Peas, Legume
Salad, Dark Green Salad, Celery,
Cucumbers, Fresh Apples, Bananas,
Oranges, Grapes, Kiwi, Cantaloupe,
Watermelon, Pears, and Applesauce



Daily Variety Options May Include:
Peanut Butter & Jelly Sandwich
Turkey & Cheese Pretzel Bun

9th - 12th Grade

Cookies will be offered as part of
you meal every Monday, and Friday
September 28th



Monday	Tuesday	Wednesday	Thursday	Friday
	Aug 28 K-5th Pancakes W/Sausage & Sweet Peas 6th-12th French Toast Sticks W/Sausage & Hash Browns Peaches Fat Free Milk Choice	Aug 29 Chicken Walking Taco W/ Bread Slice Baked Beans Fresh Orange Fat Free Milk Choice	Aug 30 Pasta W/Meatsauce W/Garlic Toast Green Beans Pineapple Fat Free Milk Choice	Aug 31 Fish Sandwich Sweet Peas 9th-12th W/Tater Tots Apple Slices Fat Free Milk Choice
Sept 3 NO SCHOOL LABOR DAY	Sept 4 Buffalo Chicken Pizza Sweet Peas Fresh Apple Fat Free Milk Choice	Sept 5 Orange Kiss Chicken Bowl Steamed Broccoli Apple Sauce Fat Free Milk Choice	Sept 6 Beef Nachos W/Cheese & Rice Green Beans Peaches Fat Free Milk Choice	Sept 7 Grilled Cheese Sandwich Baked Beans 9th-12th Tater Tots Fresh Orange Fat Free Milk Choice
Sept 10 BBQ Rib Hoagie Baked Beans 9th-12th Tater Tots Pineapple Fat Free Milk Choice	Sept 11 Chili Cheese Bow W/Rice 9th-12th Soft Pretzel Steamed Broccoli Apple Slices Fat Free Milk Choice	Sept 12 Turkey Pot Roast W/Bread Slice Mashed Potatoes Mandarin Oranges Fat Free Milk Choice	Sept 13 BBQ Pulled Bork Sandwich Tater Tots Fresh Apple Fat Free Milk Choice	Sept 14 Macaroni & Cheese W/Bread Slice Steamed Carrots Apple Sauce Fat Free Milk Choice
Sept 17 Beef Nachos W/Cheese & Rice Baked Beans Peaches Fat Free Milk Choice	Sept 18 Popcorn Chicken Bowl W/Bread Slice Mashed Potatoes K-12 Soft Pretzel Fresh Orange Fat Free Milk Choice	Sept 19 Salisbury Steak W/Gravy & Two Bread Slices Sweet Buttered Corn Pineapple Fat Free Milk Choice	Sept 20 Cheese Steak Hoagie Green Beans 9th-12th Tater Tots Apple Slices Fat Free Milk Choice	Sept 21 Tuna Melt Baked Beans Steamed Carrots Mandarin Oranges Fat Free Milk Choice
Sept 24 Meatball Hoagie French Fries Fresh Apple Fat Free Milk Choice	Sept 25 Buffalo Chicken Grilled Cheese Sandwich Sweet Buttered Corn 9th-12th Tater Tots Apple Sauce Fat Free Milk Choice	Sept 26 Chicken & Gravy Over Biscuits Steamed Broccoli Peaches Fat Free Milk Choice	Sept 27 Lasagna Roll Ups Steamed Peas K-12th Soft Pretzel Fresh Orange Fat Free Milk Choice	Sept 28 Egg Salad Sandwich Baked Beans Pineapple Fat Free Milk Choice
Monday Additional Option	Tuesday Additional Option	Wednesday Additional Option	Thursday Additional Option	Wednesday Additional Option
K-5 Popcorn Chicken 6-12 Popcorn Chicken W/ Bread Slice	K - 8th Cheeseburger On Bun 9th - 12th Double Cheeseburger On Bun	Corn Dog Nuggets 9th-12th W/Soft Pretzel	Crispy Breaded Chicken Sandwich	Cheese Pizza



***Must take at least one 1/2 cup of fruit
or vegetable**

*Vegetable may includes:

Broccoli Florets
Baby Carrots
Dark Leafy Greens
Legume Salads
Celery & Cucumber

*Fruits may include:

Crisp Apple
Sliced Peaches
Mixed Fruit
Fresh Orange
Banana
Pineapple Tidbits
Diced Pears
Applesauce



Milk Choices Offered Daily:
non-fat white, non-fat flavored

Breakfast Prices
Paid \$1.00
Reduced \$.30

Lunch Prices:
Paid \$2.70
Reduced \$.40

The USDA is an equal opportunity
provider and employer.

MENUS SUBJECT TO CHANGE