

DuBois Central Catholic School Lunch



Head Cook: Louise Vasbinder
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Daily Variety Options May Include:
Baby Carrots, Broccoli,
Cauliflower, Green Peas, Legume
Salad, Dark Green Salad, Celery,
Cucumbers, Fresh Apples, Bananas,
Oranges, Grapes, Kiwi, Cantaloupe,
Watermelon, Pears, and Applesauce



Daily Variety Options May Include:
Peanut Butter & Jelly Sandwich
Turkey & Cheese Hoagie



Monday	Tuesday	Wednesday	Thursday	Friday
	May 1 Hot Dog On Bun Or Popcorn Chicken W/Bread Slice Steamed Corn Sliced Pears Fat Free Milk	May 2 Buffalo Grilled Cheese Sandwich Or Corn Dog Nuggets Parsley Potatoes Fresh Orange Fat Free Milk	May 3 Meatball Hoagie OR Crispy Chicken Sandwich Green Beans Peaches Fat Free Milk	May 4 Macaroni & Cheese W/Pretzel Or Cheese Pizza Broccoli Fresh Apple Fat Free Milk
May 7 BBQ Rib Sandwich Or Popcorn Chicken W/Bread Slice Baked Beans Sliced Peaches Fat Free Milk	May 8 Pasta W/Meatsauce W/Dinner Roll Or Cheeseburger On Bun Spinach Salad Applesauce Fat Free Milk	May 9 Italian Dunkers W/Sauce Or Corn Dog Nuggets Steamed Broccoli Banana Fat Free Milk	May 10 Pork & Gravy Over Biscuit Or Crispy Chicken Sandwich Mashed Potatoes Banana Fat Free Milk	May 11 Fish Sandwich W/Cheese Or Cheese Pizza Steamed Corn Pears Fat Free Milk
May 14 BBQ Ham Sandwich Or Chicken Nuggets W/Pretzel Parsley Potatoes Peaches Fat Free Milk	May 15 Buffalo Chicken Pizza Or Cheese Pizza Or Cheeseburger On Bun Steamed Corn Fresh Apple Fat Free Milk	May 16 Chicken Bowl W/Bread Or Corn Dog Nuggets Mashed Potatoes Peaches Fat Free Milk	May 17 Nachos W/Meat & Cheese Sauce Or Crispy Chicken Sandwich Green Beans Diced Peaches Fat Free Milk	May 18 Macaroni & Cheese W/Bread Slice Or Cheese Pizza Steamed Carrots Pears Fat Free Milk
May 21 Hot Ham & Cheese Hoagie Or Popcorn Chicken W/Bread Slice Baked Beans Applesauce Fat Free Milk	May 22 French Toast Sticks W/Sausage Patty Or Cheeseburger On Bun Tater Tots Pears Fat Free Milk	May 23 Soft Taco W/Seasoned Rice Or Corn Dog Nuggets W/Bread Slice Steamed Corn Mandarin Oranges Fat Free Milk	May 24 Pulled Pork Sandwich Or Crispy Chicken Sandwich Green Beans Banana Fat Free Milk	May 25 Toasted Cheese Sandwich W/Tomato Soup Or Cheese Pizza Steamed Peas Mixed Fruit Fat Free Milk
May 28 No School Memorial Day	May 29 Cook's Choice	May 30 Cook's Choice	May 31	



***Must take at least one 1/2 cup of fruit or vegetable**

***Vegetable may includes:**

- Broccoli Florets
- Baby Carrots
- Dark Leafy Greens
- Legume Salads
- Celery & Cucumber

***Fruits may include:**

- Crisp Apple
- Sliced Peaches
- Mixed Fruit
- Fresh Orange
- Banana
- Pineapple Tidbits
- Diced Pears
- Applesauce



Milk Choices Offered Daily:
1% white, non-fat white, non-fat flavored

Breakfast Prices
Paid \$1.00
Reduced \$0.30

Lunch Prices:
Paid \$2.70
Reduced \$0.40

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MENUS SUBJECT TO CHANGE