

# DuBois Catholic Breakfast Menu

Head Cook: Louise Vasbiner

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			Feb 1 Benefit Breakfast Bar Pineapple Tidbits 100% Apple Juice Fat Free Milk	Feb 2 Cherry Frudel Fresh Apple 100% Orange Juice Fat Free Milk
Feb 5 Yogurt W/1 Toast Slice Fresh Apple 100% Orange Juice Fat Free Milk	Feb 6 Grab & Go Mini Pancakes Peach Cup 100% Apple Juice Fat Free Milk	Feb 7 Breakfast Pizza Apple Sauce 100% Orange Juice Fat Free Milk	Feb 8 Egg & Cheese Breakfast Taco Pineapple Tidbits 100% Apple Juice Fat Free Milk	Feb 9 Apple Frudel Fresh Apple 100% Orange Juice Fat Free Milk
Feb 12 Grab & Go Cinnamon Rush Mini French Toast Fresh Apple 100% Orange Juice Fat Free Milk	Feb 13 Breakfast Pizza Peach Cup 100 % Apple Juice Fat Free Milk	Feb 14 Baked Cinnamon Roll Apple Sauce 100% Orange Juice Fat Free Milk	Feb 15 Pancake/Sausage Wrap On A Stick Fresh Apple 100% Orange Juice Fat Free Milk	Feb 16 Benefit Breakfast Bar Pineapple Tidbits 100% Apple Juice Fat Free Milk
Feb 19 Yogurt W/1 Toast Slice Fresh Apple 100% Orange Juice Fat Free Milk	Feb 20 Grab & Go Mini Pancakes Peach Cup 100% Apple Juice Fat Free Milk	Feb 21 Whole Grain Donut Apple Sauce 100% Orange Juice Fat Free Milk	Feb 22 Egg & Cheese Breakfast Taco Pineapple Tidbits 100% Apple Juice Fat Free Milk	Feb 23 No School  In Service Day
Feb 26 Grab & Go Cinnamon Rush Mini French Toast Fresh Apple 100% Orange Juice Fat Free Milk	Feb 27 Breakfast Pizza Peach Cup 100 % Apple Juice Fat Free Milk	Feb 28 Baked Cinnamon Roll Apple Sauce 100% Orange Juice Fat Free Milk		

## What Makes a Breakfast Meal?

You must choose at least 3 of 4 components available for the school breakfast price. Entrée, 1 Cup Fruit, and 1/2 Pint Milk

### Offered Daily:

Choice Of Assorted Cereal With WG Toast Slice

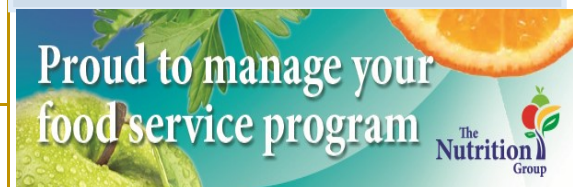


Whole Grain Pop-Tarts , Eggo Mini Pancakes



### Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry,  
Fat Free White and Low Fat White



**Meal Prices:**

**Paid \$1.00**

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**MENUS SUBJECT TO CHANGE**