

DuBois Catholic Breakfast Menu

Head Cook: Louise Vasbiner

814.372.3885



Jan 1 NO SCHOOL HAPPY NEW YEAR	Jan 2 Breakfast Pizza Peach Cup 100 % Apple Juice Fat Free Milk	Jan 3 Baked Cinnamon Roll Apple Sauce 100% Orange Juice Fat Free Milk	Jan 4 Benefit Breakfast Bar Pineapple Tidbits 100% Apple Juice Fat Free Milk	Jan 5 Cherry Frudel Fresh Apple 100% Orange Juice Fat Free Milk
Jan 6 Yogurt W/1 Toast Slice Fresh Apple 100% Orange Juice Fat Free Milk	Jan 7 Grab & Go Mini Pancakes Peach Cup 100% Apple Juice Fat Free Milk	Jan 8 Breakfast Pizza Apple Sauce 100% Orange Juice Fat Free Milk	Jan 9 Egg & Cheese Breakfast Taco Pineapple Tidbits 100% Apple Juice Fat Free Milk	Jan 10 Apple Frudel Fresh Apple 100% Orange Juice Fat Free Milk
Jan 15 Grab & Go Cinnamon Rush Mini French Toast Fresh Apple 100% Orange Juice Fat Free Milk	Jan 16 Breakfast Pizza Peach Cup 100 % Apple Juice Fat Free Milk	Jan 17 Baked Cinnamon Roll Apple Sauce 100% Orange Juice Fat Free Milk	Jan 18 Pancake/Sausage Wrap On A Stick Fresh Apple 100% Orange Juice Fat Free Milk	Jan 19 Benefit Breakfast Bar Pineapple Tidbits 100% Apple Juice Fat Free Milk
Jan 22 Yogurt W/1 Toast Slice Fresh Apple 100% Orange Juice Fat Free Milk	Jan 23 Grab & Go Mini Pancakes Peach Cup 100% Apple Juice Fat Free Milk	Jan 24 Whole Grain Donut Apple Sauce 100% Orange Juice Fat Free Milk	Jan 25 Egg & Cheese Breakfast Taco Pineapple Tidbits 100% Apple Juice Fat Free Milk	Jan 26 Apple Frudel Fresh Apple 100% Orange Juice Fat Free Milk
Jan 29 Grab & Go Cinnamon Rush Mini French Toast Fresh Apple 100% Orange Juice Fat Free Milk	Jan 30 Breakfast Pizza Peach Cup 100 % Apple Juice Fat Free Milk	Jan 31 Baked Cinnamon Roll Apple Sauce 100% Orange Juice Fat Free Milk		

What Makes a Breakfast Meal?

You must choose at least 3 of 4 components available for the school breakfast price. Entrée, 1 Cup Fruit, and 1/2 Pint Milk

Offered Daily:

Choice Of Assorted Cereal With WG Toast Slice

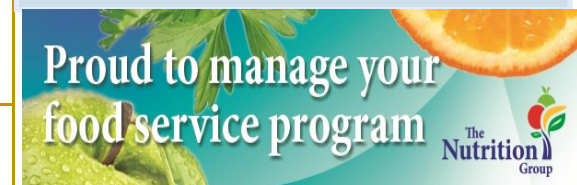


Whole Grain Pop-Tarts , Eggo Mini Pancakes



Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry,
Fat Free White and Low Fat White



Meal Prices:

Paid \$1.00

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MENUS SUBJECT TO CHANGE