

DuBois Central Catholic School Lunch



Head Cook: Louise Vasbinder
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Daily Variety Options May Include:
Baby Carrots, Broccoli,
Cauliflower, Green Peas, Legume
Salad, Dark Green Salad, Celery,
Cucumbers, Fresh Apples, Bananas,
Oranges, Grapes, Kiwi, Cantaloupe,
Watermelon, Pears, and Applesauce



Daily Variety Options May Include:
Peanut Butter & Jelly Sandwich
Turkey & Cheese Hoagie

Recipe Of The Month

December 21

Turkey and Dressing Supreme



Monday	Tuesday	Wednesday	Thursday	Friday
				Dec 1 Breaded Fish Sandwich OR Cheese Pizza Steamed Peas Mixed Fruit Fat Free Milk
Dec 4 Italian Hoagie OR Chicken Nuggets w/ bread Slice Corn Peaches Fat Free Milk	Dec 5 Chicken Bowl OR Cheeseburger on Bun Mashed Potatoes Fat Free Milk	Dec 6 Meatball Hoagie OR Corn Dog Nuggets Green Beans Fresh Oranges Fat Free Milk	Dec 7 Soft Beef Taco w/ sea- soned rice OR Crispy Chicken Sand- wich Refried Beans Diced Peaches Fat Free Milk	Dec 8 Macaroni and Cheese w/ Dinner Roll OR Cheese Pizza Pears Fat Free Milk
Dec 11 BBQ Rib Sandwich OR Popcorn Chicken w/ roll Oven Baked French Fries Fresh Apples Fat Free Milk	Dec 12 Buffalo Chicken Grilled Cheese Or Cheeseburger Baked Beans Sliced Pears Fat Free Milk	Dec 13 Diced Chicken & Gravy w/ biscuit OR Corn Dog Nuggets Mashed Potatoes Fresh Orange Fat Free Milk	Dec 14 Rotini w/ Meat sauce w/ Garlic Bread Stick OR Crispy Chicken Sand- wich Steamed Carrots Peaches Fat Free Milk	Dec 15 Tuna Melt on Pretzel Bun OR Cheese Pizza Green Beans Fresh Apple Fat Free Milk
Dec 18 French Toast W/Sausage Patty OR Chicken nuggets w/roll Tater Tots Sliced Peaches Fat Free Milk	Dec 19 Orange Kissed Chicken Bowl OR Hamburger on bun Broccoli Applesauce Fat Free Milk	Dec 20 Salisbury Steak w/ dinner roll OR Corn Dog Nuggets Mashed Potatoes Banana Fat Free Milk	Dec 21 Steak Hoagie OR Crispy Chicken Sand- wich Green Beans Banana Fat Free Milk	Dec 22 Grilled Cheese sand- wich with tomato soup OR Cheese Pizza Peas Pears Fat Free Milk
Dec 25 NO SCHOOL	Dec 26 NO SCHOOL	Dec 27 NO SCHOOL	Dec 28 NO SCHOOL	Dec 29 NO SCHOOL
Merry Christmas !				



***Must take at least one 1/2 cup of fruit or vegetable**

*Vegetable may includes:

- Broccoli Florets
- Baby Carrots
- Dark Leafy Greens
- Legume Salads
- Celery & Cucumber

***Fruits may include:**

- Crisp Apple
- Sliced Peaches
- Mixed Fruit
- Fresh Orange
- Banana
- Pineapple Tidbits
- Diced Pears
- Applesauce



Milk Choices Offered Daily:

1% white, non-fat white, non-fat flavored

Breakfast Prices

**Paid \$1.00
Reduced \$.30**

Lunch Prices:

**Paid \$2.70
Reduced \$.40**

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MENUS SUBJECT TO CHANGE