

DuBois Catholic Breakfast Menu

Head Cook: Louise Vasbiner

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				Dec 1 Cherry Frudel Fresh Apple 100% Orange Juice Fat Free Milk
Dec 4 Yogurt W/1 Toast Slice Fresh Apple 100% Orange Juice Fat Free Milk	Dec 5 Grab & Go Mini Pancakes Peach Cup 100% Apple Juice Fat Free Milk	Dec 6 Breakfast Pizza Apple Sauce 100% Orange Juice Fat Free Milk	Dec 7 Egg & Cheese Breakfast Taco Pineapple Tidbits 100% Apple Juice Fat Free Milk	Dec 8 Apple Frudel Fresh Apple 100% Orange Juice Fat Free Milk
Dec 11 Grab & Go Cinnamon Rush Mini French Toast Fresh Apple 100% Orange Juice Fat Free Milk	Dec 12 Breakfast Pizza Peach Cup 100 % Apple Juice Fat Free Milk	Dec 13 Baked Cinnamon Roll Apple Sauce 100% Orange Juice Fat Free Milk	Dec 14 Pancake/ Sausage Wrap on a Stick Pineapple Tidbits 100% Apple Juice Fat Free Milk	Dec 15 Benefit Breakfast Bar Fresh Apple 100% Orange Juice Fat Free Milk
Dec 18 Yogurt W/1 Toast Slice Fresh Apple 100% Orange Juice Fat Free Milk	Dec 19 Grab & Go Mini Pancakes Peach Cup 100% Apple Juice Fat Free Milk	Dec 20 Whole Grain Donut Apple Sauce 100% Orange Juice Fat Free Milk	Dec 21 Egg & Cheese Breakfast Taco Pineapple Tidbits 100% Apple Juice Fat Free Milk	Dec 22 Apple Frudel Fresh Apple 100% Orange Juice Fat Free Milk
Dec25 Grab & Go Cinnamon Rush Mini French Toast Fresh Apple 100% Orange Juice Fat Free Milk	Dec 26 Breakfast Pizza Peach Cup 100 % Apple Juice Fat Free Milk	Dec 27 Baked Cinnamon Roll Apple Sauce 100% Orange Juice Fat Free Milk	Dec 28 Benefit Breakfast Bar Pineapple Tidbits 100% Apple Juice Fat Free Milk	Dec 30 Cherry Frudel Fresh Apple 100% Orange Juice Fat Free Milk

What Makes a Breakfast Meal?

You must choose at least 3 of 4 components available for the school breakfast price. Entrée, 1 Cup Fruit, and 1/2 Pint Milk

Offered Daily:

Choice Of Assorted Cereal With WG Toast Slice

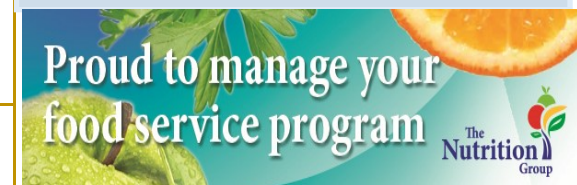


Whole Grain Pop-Tarts , Eggo Mini Pancakes



Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry,
Fat Free White and Low Fat White



Meal Prices:

Paid \$1.00

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MENUS SUBJECT TO CHANGE